pTron

Force X12S Bluetooth Smartwatch - Product Manual

Caution:
1) This smartwatch is not a medical device.
2) A Thin Transparent Protective Film Covers the Sensor at the Backside of the Dial, protecting the Sensor Glass from scratches.
3) Smartwatch giving reading for non-living objects is normal and common amongst most of the brands

Rotating Crown

Power On/Off Button

Charging the Smartwatch
1. Turn OFF the Smartwatch before Charging.
2. Simply, hold the 2-pin connector of the USB charging cable near the 2 small round magnetic charging interfaces. The connector will get connected to the interface through the magnetic pull. It's a completely sealed system free of exposed contacts. Plug the USB end of the cable into a DC5V/1A power source.
3. When the smartwatch is fully charged, remove the watch from charging and unplug the USB charging cable from the power source.

NOTE: You can directly check the charging by pressing the crown-like button on the right side of the dial. Pressing once will show the charging status on the display.

Downloading the 'pTron Fit+' Mobile App
1. For downloading the App go to Google Playstore/iOS Appstore and search for 'pTron Fit+'. Now, download and install the app.

OR

2. Switch on the smartwatch, tap 1 time on the screen, then slide the screen 5 times from bottom to top, and there you will find an icon with the name QR code along with a QR code logo. Just tap/touch 1 time this logo and then you will get a QR code on the screen. Now, you can scan the QR code from your mobile phone. After scanning you will get a link i.e,

https://ptron.in/pages/ptron-app-for-smartwatches

Just click on this link and you will get app download option for both Android as well as iOS.

Screen Uses
The smartwatch features a full touch control screen with a reflective display and a button. By default, the watch face page displays on the screen. The screen can be navigated by single touch/sliding left/right or sliding up/down.

A) Touch one time on watch home screen to view main Menu options.
B) Slide Down to view Notification.
C) Slide UP to view Setting. Here, you will find Flight mode, Torch, Moon etc. functions.
1) Flight mode - If you turn this ON then calls, notifications & music audio will get stopped on the smartwatch.
2) Moon - This icon represents Do Not Disturb mode. When you turn this icon ON then all calls & notifications will get stopped but you can control mobile music through the smartwatch.
3) Torch - If you turn this ON, then the complete display of the smartwatch will emit white light and provide some light which we can use just like a Torch.
D) Slide Right to view dual screen/Quick access tool.
E) Slide Left to change the dial picture/watch face.

Pairing
1. After mobile App installation, open the App and set up your profile.
2. Now, go to the app setting option and there you will find "Bind device".
3. Click on   "Bind device" & then select your smartwatch i.e, pTron Watch3.
4. In this way your smartwatch will get paired with your smartphone.

Audio Connectivity
1. Press the crown button of the Smartwatch to awaken the smartwatch display.
2. Now, open the Bluetooth function on your smartphone.
3. Search for "pTron_Audio" in the available Bluetooth devices list.
4. Click and connect with "pTron_Audio".
5. Now, the smartwatch is connected with the mobile for calling & music purpose.
Important: Keep the smartwatch closer to your mouth while making or receiving calls through this watch for clearer voice capture.

Phone Calls
1. After connecting the smartwatch with the phone, you can use the smartwatch to dial and to control the phone calls -   making & answering calls.
2. You can save up to 8 contacts in the smartwatch through the mobile App.
a) Open the mobile App, go to setting option & then go to Frequent Contacts and there you can select 8 contacts in the address book which will be displayed in the smartwatch.
Dialler - You can dial & make calls at any number from here.
Phone book - The number which you have saved in the app can be seen here and from here you can make calls.
Message - Here you can check the latest messages & social media notifications.

Heart Rate
1. Tap on the Heart Rate function icon to start measuring your heart rate. The optical sensor at the backside of the dial will start flashing green light.
2. On the Heart rate page, you can also view the last measured data

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Blood Oxygen (SpO2)
1. Tap on the Blood Oxygen function icon to start measuring your SpO2 level.
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Health Tricyclic
Here you will see 3 options.
1) Steps
2) Training
3) Stand
Smartwatch automatically tracks the steps, training & stand data and can be seen in the watch. And the Step details (Daily, weekly & monthly) can be seen in the pTron Fit+ app. You need to wear the smartwatch properly to get accurate data.
Important: At midnight the data or the movement stats will get zero automatically.

ECG
From this, you can measure ECG and the data will be shown in the pTron Fit+ app.
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Sports Mode
There are 8 exercises available in the smartwatch.
a) Running
b) Bike Riding
c) Strength training
d) Basket Ball
e) Tennis
f) Volley Ball
g) Football
h) Badminton
Note: To get the correct data, you must wear the smartwatch properly.

Camera
1. For using this feature, first you need to open the pTron Fit+ app.
2. Now, you will find the Camera option in the smartwatch and just click on it.
3. You will get the Start option there. Just click on that and you will see that camera will open on your connected mobile phone.
4. Just turn your wrist (need to wear the smartwatch properly) or click on Start to capture pictures.

Blood Pressure
1. Tap on the Blood Pressure function icon to start measuring your blood pressure.   The optical sensor at the backside of the dial will start flashing green light.
2. On the Blood Pressure page, you can also view the Blood Pressure data which was measured last time.
Caution: This smartwatch is not a medical device.

Music Player
1.After connecting the smartwatch with a smartphone, you can remote control the music player on your phone through the smartwatch.
2. You will get Play/Pause/Next Song/Previous Song options on the display.
3. You can Listen Music on your Watch, when it is connected to your Phone Via Bluetooth Mode.
Important: pTron_Audio is the BT name of the smartwatch and it must be connected. If this is not connected then please connect it.

Reset
This is a feature to reset all data, and when you select the reset option, you will get a confirmation dialogue box after that, now you need to click on "Yes" to reset the watch. After a reset, you need to re-connect the watch before use.
Important: All the saved data/stats will be erased from the smartwatch.

Weather Information
On the Weather function Page, you can view the max. & min. temperature of your current city.

Looking For

You can search your connected phone with this function. When you will click on this you will get an option to Start and as you will click on Start, your mobile phone will start ringing and show "The bracelet is looking for a mobile phone". There will be an OK option in the smartwatch, need to click on it to stop this function.

You will also get this option ("Find") in the pTron Fit+ mobile app. When we click on this option, the watch will vibrate 2-3 times and you will receive a Stop icon on the watch screen.

Sleep

You need to wear the smartwatch properly while sleeping. It will provide you with the data of slept hours for 7 days.
Important: Smartwatch will enter sleep mode automatically at 10:00 PM. It will only record the sleep status if it is more than 4 Hours.

Menu Style

There are 5 menu styles in this smartwatch, you can choose 1 according to your preferences.

Stopwatch

This can be used as a timer.

More

1. SIRI -   Just tap on this icon to activate the voice assistant.
2. About -   In this you will find smartwatch related information.
3. Set Language -   Can change language from here.
4. Set Time -   Can change & update time from here.
5. Set Date -   Can change & update Date from here.
6. Backlight Time -   You can change the time of automatic display off from here.
7. Go Back Time -   As the watch will get off or the display will get off and when you will ON the watch again then the same page will open.
8. Split Screen -   You can enable dual screen function in the smartwatch.
9. 12- hour Format -   You can change the time format with the help of this.
Note: 12 hrs time format is supported on pre-installed watch faces/wallpapers only (not cloud-based watch faces).

Mobile App Features

A) Home: You can see the Target Goal here. Also can get distance, calories & Goal data. By clicking on the Steps you can check the complete summary details.

1. **Health Report** - To get the health assessment report need to click on Reevaluate and then fill in the required details. And you can get your Health Index here. BMI & Body Fat rate can be also seen here.

2. **Healthy Habits** - There are many healthy habits already given in the app. You can add that and can take follow up of it by doing a routine check-up by marking the system in the app.

B) Sports: You will find a Sports page in the app. There you will find 3 options that are Walk, Run & Riding. Choose any 1 sport and start and then you will get GPS on the page. You need to login, otherwise, GPS will be not shown. Also, you will get score of Average Pace, Total time & Heat consumption.

C) Setting: From here you can bind the device with the app. You can check the connected watch name here and can also, get the version here.
1. Brightness Control - There you will find the wrist sense option. You can enable or disable that option. If you enable the option then you can activate the watch screen via wrist movement. Also, there is starting time & Ending time for this option. You can adjust this at our convenience.
2. **Alarm** - This Alarm option you will find in the app. Open the app and go to Setting option and in that page you will get this option. You can set alarm time as you wish. Total 8 alarms can be set in a single time.
3. **Sedentary Reminder** : This reminder option you will find in the app. Open the app and go to the Setting option and on that page, you will get this option. Just click on this Sedentary Reminder and there you can adjust this reminder as per your requirement.
Note: You can turn this on/off this feature via the App. There is starting time of 08:00 and an Ending time is 22:00.
4. **Find** - When you click on this option, the watch will vibrate for 10 seconds. If need to stop earlier then can stop from the smartwatch as you will receive a Stop icon on the watch screen after clicking on this Find option.

5. Message Push Setting - Calls, Remind, SMS Remind, We Chat Remind, QQ Remind, Facebook, Twitter, Line, Whats app, Instagram, etc. You need to enable from here for receiving messages & calls.

6. **Frequent Contacts** - Can save 8 contacts here.

7. **Dial Settings** - Can change the wallpaper/watch faces from here.   You can also can select wallpaper from your mobile Gallery.

8. **Reset Device** - You can reset smartwatch through this function.

9. **Remove** - All data will be deleted and the connected device will also be removed.

10. **Other** - In Other you will find Vibrate settings. And can turn ON/Off vibration.

11. **OTA Upgrade** - If there are any updates, then can be seen and updated from here.

12. Background Setting - The mobile phone brand which is connected with the app will show here. Need to open the given permissions in the App, safe & effective to prevent the App from being misunderstood.

D) Me - You can see your login ID here.

Also can view Step summary here as you can get the Steps this week, Miles this week & Best record of the week data here.

1. User profile - The profile details & Goal step are given here and can be also updated here.

2. Change Password - You can change password here.

3. About - Here, you will get QR code of the app. You can scan and directly go to download option.

4. Feedback - You can give important feedback or suggestions here.

Important

1. This smartwatch is NOT a Medical Device.

2. During swimming adhere to IP68 waterproof protocol.

3. Please connect the band when synchronizing data.

4. Use the 5V USB charging adapter only.

5. Do not expose the band in high moisture or extreme high temperatures or dry/liquid chemicals.

6. When the APP crashes or reboots, please check the phone memory, clear it and try again, or exit the app to reopen it.

7. Smartwatch giving reading for non-living objects is normal and common amongst most of the brands.

8. Metal Buckle, Strap and Display Glass are not covered in manufacturer warranty.

9. Manufacturer/brand owner reserves the right to modify the content of this user manual, product and mobile App without prior notification. Some functions are different in the various software versions, which is normal.

Disclaimer

The colors and specifications shown/mentioned in the user manual may differ from the actual product. The images shown are for representation purposes only. Other product logos and company names mentioned herein may be trademarks or trade names of their respective owners.

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Product Registration/Warranty Registration: https://ptron.in/apps/product-registration

Service Centers List: https://ptron.in/pages/ptron-service-centers